



March 2023

MIDDLE SCHOOL

LUNCH MENU

Students must take a minimum of 3 items to make a meal

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.

MON	TUES	WED	THURS	FRI
		Hotdog ¹ Steamed Corn Fruit Juice	Mac & Cheese ² w/ Dinner roll Steamed Carrots Fresh Pear	Spaghetti & Meatballs ³ Steamed Peas Fruit Juice
No School ⁶	Max Pizza Sticks ⁷ Steamed Green Beans Fresh Apple	Chicken Nuggets ⁸ w/ Dinner Roll Steamed Corn Fruit Juice	Popcorn ⁹ Chicken w/ Dinner Roll Baked Fries Fresh Pear	Chicken Patty ¹⁰ Campfire Beans Fruit Juice
Cheeseburger ¹³ Mashed Potatoes Fruit Juice	Beef Tacos ¹⁴ Steamed Peas Fresh Apple	Orange Chicken ¹⁵ w/Rice Steamed Carrots Fruit Juice	Chicken ¹⁶ Quesadilla Steamed Corn Fresh Pear	Chicken ¹⁷ Tenders w/ Dinner Roll Baked Beans Fruit Juice
Chicken Fried ²⁰ Rice Steamed Broccoli Fruit Juice	Italian Cheese ²¹ Dunkers Steamed Corn Fresh Apple	Chicken Nuggets ²² w/Dinner Roll Steamed Carrots Fruit Juice	Cheeseburger ²³ Kickin' Pinto Beans Fresh Pear	Fish Patty ²⁴ Baked Fries Fruit Juice
French Toast ²⁷ Sticks & Sausage Patty Baked Fries Fruit Juice	Grilled Cheese ²⁸ Steamed Green Beans Fresh Apple	Chicken Nuggets ²⁹ w/ Dinner Roll Steamed Carrots Fruit Juice	Baked Potato ³⁰ Steamed Peas Fresh Pear	Fish Patty Melt ³¹ Baked Fries Fruit Juice

Menus are subject to change.

Daily Specials:

- Chicken Patty
- Spicy Chicken Patty
- Cheeseburger
- Beef Nachos
- Cheese Pizza
- Pepperoni Pizza
- Sausage Pizza
- Sun Butter & Jelly Sandwich



This institution is an equal opportunity providers



Marzo 2023

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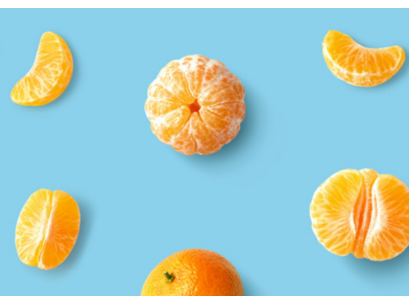
ALMUERZO MENU

Estudiantes debe tomar un Mínimo de 3 artículos para hacer una comida

At least one of the following:
Vegetable
Milk
Fruit
1% or lower fat milk
1% or lower fat milk

	MON	TUES	WED	THURS	FRI
			Hotdog Maíz al vapor Jugo de fruta	Mac & Queso y Rollo de cena Zanahorias al vapor Pera fresca	Espaguetis y albóndigas Chicharos al vapor Jugo de fruta
No School	Palitos de Pizza Ejotes al vapor Manzana fresca	Nuggets de pollo con rollo de cena Maíz al vapor jugo de fruta	Pollo a la naranja con arroz Zanahorias al vapor jugo de fruta	Palomitas de pollo con rollo de cena Papas fritas al horno Pera fresca	Hamburguesa de pollo Frijoles de fogata Jugo de fruta
Hamburguesa con queso Puré de papa jugo de fruta	Tacos de carne Chicharos al vapor Manzana fresca	Nuggets de pollo con rollo de cena Zanahorias de vapor Jugo de fruta	Hamburguesa con queso Frijoles Pintos Picantes Pera fresca	Pierna de pollo con Rollo de cena frijoles horneados Jugo de fruta	
Arroz frito con pollo Brócoli al vapor Jugo de fruta	Dunkers de queso italiano Zanahorias de vapor Manzana fresca	Nuggets de pollo con panecillo de cena Zanahorias de vapor jugo de fruta	Papa al horno Chicharos al vapor Pera fresca	Pescado Papas Frances Jugo de fruta	
Palitos de torrijas francesas y salchicha Papas fritas al horno Jugo de fruta	Sandwich de Queso a la parrilla Chicharos al vapor Manzana fresca			Pescado Papas fritas al horno jugo de fruta	

Menus are subject to change.



- Especiales del día:
Patty de pollo
Patty de pollo picante
Hamburguesa con queso
Nachos de Carne
- Pizza de queso
Pepperoni Pizza
Pizza de salchicha
Sun Butter & Jelly
Sandwich



Esta institución es un
Proveedores de oportunidades