



APRIL 2022

ALL FIRST BREAKFAST AND LUNCH ARE FREE

Now Hiring!!

Food Service is Hiring!

Work While Kids are in School

Great Benefits

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ACE'S CORNER

All meals are served with a choice of 1% White or FF Chocolate Milk

Vegetarian entrees are written in green

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>04 Cereal & String Cheese Applesauce and Juice</p> <hr/> <p>A-Cheeseburger B-Yogurt Muffin Snack Pack French Fries and Cucumbers Fresh Apple</p>	<p>05 Scooby Snacks and Yogurt Fresh Orange and Juice</p> <hr/> <p>A- Spaghetti and Meatballs B-Grilled Cheese Sandwich Steamed Broccoli and Baby Carrots Fresh Fruit Assortment</p>	<p>06 WG Banana Bread Applesauce and Juice</p> <hr/> <p>A-Chicken and Waffle Sandwich B-MYO Pizza Pack French Fries and Baby Carrots Fresh Grapes</p>	<p>07 Benefit Bar Fresh Banana and Juice</p> <hr/> <p>A- Egg Patty with Cheese Waffle Sandwich B- Corn Dog Black Beans and Corn Salsa Fresh Banana</p>	<p>08 Cereal Bar and String Cheese Craisins and Juice</p> <hr/> <p>A- Fish Tacos with Salsa B-Fruit and Cinnamon Yogurt Salad Fries and Cucumbers Fresh Fruit Assortment</p>
<p>11 WG Banana Bread Applesauce and Juice</p> <hr/> <p>A-French Toast and Sausage B-Yogurt Muffin Snack Pack French Fries and Baby Carrots Fresh Fruit Assortment</p>	<p>12 Filled Crescent Fresh Apple and Juice</p> <hr/> <p>A-Cheesy Enchiladas B- BBQ Chicken Drumstick Black Beans and Celery Sticks Fresh Fruit Assortment</p>	<p>13 Cinnamon Toast Crunch Cereal and Graham Cracker Fresh Orange and Juice</p> <hr/> <p>A-Beef Nachos B-Pizza Sticks with Marinara Sauce French Fries and Cucumbers Fresh Fruit Assortment</p>	<p>14 WG Muffin with String Cheese Fresh Banana and Juice</p> <hr/> <p>A- Cheese Pizza B- Crunchy Chicken Tacos Black Beans and Corn Salsa Fresh Fruit Assortment</p>	<p>15 NO SCHOOL</p>
<p>18 Banana Chocolate Chip Breakfast Round Fresh Orange and Juice</p> <hr/> <p>A-Beef Tacos B-Cheese Quesadilla Chipotle Black Beans and Cucumbers Fresh Fruit Assortment</p>	<p>19 Golden Grahams and String Cheese Fresh Pear and Juice</p> <hr/> <p>A-Pepperoni Pizza B-Pancakes and Sausage Tater Tots and Side Salad Fresh Fruit Assortment</p>	<p>20 Muffin and Yogurt Applesauce and Juice</p> <hr/> <p>A-Chicken Nuggets with WG Pretzel B-Yogurt Muffin Snack Pack Corn and Baby Carrots Fresh Fruit Assortment</p>	<p>21 Pop Tart with String Cheese Fresh Apple and Juice</p> <hr/> <p>A-Pizza Sticks with Pizza Sauce B-Corndog Green Beans and Cucumbers Fresh Fruit Assortment</p>	<p>22 Benefit Bar Fresh Fruit Assortment</p> <hr/> <p>A- Touchdown Basket (Chicken Tenders, Biscuit and Coleslaw) B-Macaroni and Cheese Steamed Broccoli and Celery Sticks Fresh Fruit Assortment</p>
<p>25 Strawberry Cream Cheese Bagel Strawberry Cups and Juice</p> <hr/> <p>A- Beef Nachos B- Yogurt Muffin Snack Pack Black Beans and Baby Carrots Fresh Fruit Assortment</p>	<p>26 Pancakes Fresh Banana and Juice</p> <hr/> <p>A-Chicken Nuggets with Cinnamon Biscuit B- Hot Dog Steamed Broccoli and Cucumber Fresh Fruit Assortment</p>	<p>27 WG Muffin and String Cheese Applesauce and Juice</p> <hr/> <p>A-French Toast Sticks and Sausage B-MYO Pizza Pack with Pepperoni Hash Browns and Celery Fresh Fruit Assortment</p>	<p>28 Mini Cinnis Fresh Banana and Juice</p> <hr/> <p>A- Cheeseburger B- Grilled Cheese Fries and Baby Carrots Fresh Fruit Assortment</p>	<p>29 WG Donut Holes Craisins and Juice</p> <hr/> <p>A- Italian Cheese Pull Aparts B- Chicken Patty Sandwich Steamed Carrots and Fresh Celery Fresh Fruit Assortment</p>
<p>02 WG Muffin with String Cheese Fresh Banana and Juice</p> <hr/> <p>A- Cheese Pizza B- Crunchy Chicken Tacos Black Beans and Corn Salsa Fresh Fruit Assortment</p>	<p>03 Cinnamon Toast Crunch Cereal and Graham Cracker Fresh Orange and Juice</p> <hr/> <p>A-Beef Nachos B-Pizza Sticks with Marinara Sauce French Fries and Cucumbers Fresh Fruit Assortment</p>	<p>04 Cereal and Graham Cracker Applesauce and Juice</p> <hr/> <p>A- Beef Nachos B- Yogurt Muffin Snack Pack Chipotle Black Beans and Corn Salsa Fresh Fruit Assortment</p>	<p>05 WG Muffin with String Cheese Fresh Banana and Juice</p> <hr/> <p>A- Pizza Sticks with Marinara B- Homemade Chili and Crackers Green Beans and Baby Carrots Fresh Banana</p>	<p>06 Ultimate Breakfast Round Craisins and Juice</p> <hr/> <p>A-Popcorn Chicken Bowl B-Yogurt Muffin Snack Pack Mashed Potatoes and Corn Fresh Fruit Assortment</p>





ABRIL 2022

TODOS LOS PRIMEROS DESAYUNOS Y ALMUERZOS SON GRATUITOS

¡¡Actualmente contratando!!
¡El servicio de comida es contratar!
Trabajar mientras los niños están en la escuela
Grandes beneficios
Aplicar en línea @ www.aramark.com



ACE'S CORNER

Todas las comidas se sirven con una selección de 1% de leche con chocolate blanca o sin grasa

Las entradas vegetarianas están escritas en verde

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04 Cereal & queso de hebras Puré de manzana y jugo <hr/> A- Hamburguesa con queso B- paquete de yogur y magdalena Papas fritas y pepinos Manzana fresca	05 Scooby Snacks and Yogurt Fresh Orange and Juice <hr/> A- Espaguetis y albóndigas B- Sándwich de queso a la parrilla Brócoli al vapor y zanahorias Surtido de frutas frescas	06 Pan de plátano Puré de manzana y jugo <hr/> A- Sándwich de pollo y waffles B- Paquete de pizza Papas fritas y zanahorias Uvas frescas	07 Barra de beneficios Plátano fresco y jugo <hr/> A- Sandwich de huevo y queso en waffle B- Hot dog en pan de maíz Salsa de Frijoles Negros y Maíz Plátano fresco	08 Barra de cereales y queso de hebras Arandanos y jugo <hr/> A- Tacos de pescado con salsa B- Ensalada de yogur de frutas y canela Papas fritas y pepinos Surtido de frutas frescas
11 Pan de Plátano Puré de manzana y jugo <hr/> A- Torrijas francesas y salchichas B- Paquete de yogur y magdalena Papas fritas y zanahorias Surtido de frutas frescas	12 Media Luna rellena de chocolate Manzana fresca y jugo <hr/> A- Enchiladas de queso B- Pierna de pollo en BBQ Frijoles negros y palitos de apio Surtido de frutas frescas	13 Crujiente de tostadas de canela Cereal y galletas Graham Naranja fresca y jugo <hr/> A- Nachos de carne B- Palitos de pizza con salsa Marinara Papas fritas y pepinos Surtido de frutas frescas	14 Magdalena y queso de cuerda Plátano fresco y jugo <hr/> A- Pizza de queso B- Tacos de pollo crujientes Salsa de Frijoles Negros y Maíz Surtido de frutas frescas	15 NO HAY ESCUELA
18 Rueda de desayuno de chips de chocolate y plátano Naranja fresca y jugo <hr/> A- Tacos de carne B- Quesadilla de queso Frijoles Negros con Chipotle y pepinos Surtido de frutas frescas	19 Golden Grahams Queso de Cuerda Pera fresca y jugo <hr/> A- Pizza de Pepperoni B- Panqueques y salchichas Tater Tots y Ensalada de Acompañamiento Surtido de frutas frescas	20 Magdalena y Yogur Puré de manzana y jugo <hr/> A- Nuggets de pollo con Panecillo B- Paquete de magdalena y yogur Maíz y zanahorias baby Surtido de frutas frescas	21 Pop Tart con queso de cuerda Manzana fresca y jugo <hr/> A- Palitos de pizza con salsa de pizza B- Hot de maíz Ejotes verdes y pepinos Surtido de frutas frescas	22 Barra de beneficios Surtido de frutas frescas <hr/> A- Canasta de touchdown(Tenders de pollo, Biscuit y Coleslaw) B- Macarrones con queso Barras de brócoli y apio al vapor Surtido de frutas frescas
25 Bagel de queso crema de fresa Tazas de fresa y Jugo <hr/> A- Nachos de carne B- Paquete de bocadillos de muffin de yogur Frijoles negros y zanahorias Surtido de frutas frescas	26 Panqueques Plátano fresco y jugo <hr/> A- Nuggets de pollo con galleta de canela B- Hot Dog Brócoli y pepino al vapor Surtido de frutas frescas	27 Magdalena y Queso de Cuerda Puré de manzana y jugo <hr/> A- Palitos de tostadas francesas y salchichas B- Paquete de pizza con pepperoni Hash Browns y apio Surtido de frutas frescas	28 Mini Cinnis Plátano fresco y jugo <hr/> A- Hamburguesa con queso B- Queso a la parrilla Papas fritas y zanahorias baby Surtido de frutas frescas	29 Agujeros de rosquilla WG Craisins y jugo <hr/> A- Italian Cheese Pull Aparts B- Hamburguesa de pollo Zanahorias al vapor y apio fresco Surtido de frutas frescas
02 Muffin WG con queso de cuerda Plátano fresco y jugo <hr/> A- Pizza de queso B- Tacos de pollo crujientes Salsa de Frijoles Negros y Maíz Surtido de frutas frescas	03 Crujiente de tostadas de canela Cereal y Graham Cracker Naranja fresca y jugo <hr/> A- Nachos de carne B- Pizza Sticks con Salsa Marinara Papas fritas y pepinos Surtido de frutas frescas	04 Cereal and Graham Cracker Puré de manzana y jugo <hr/> A- Nachos de carne B- Paquete de magdalena y yogur Frijoles Negros Chipotle y Salsa de Maíz Surtido de frutas frescas	05 WG Muffin with String Cheese Plátano fresco y jugo <hr/> A- Palitos de pizza con Marinara B- Chili casero y galletas saladas Ejotes verdes y Zanahorias baby Plátano fresco	06 Ronda de desayuno definitiva Craisins y jugo <hr/> A- Tazón de pollo con palomitas de maíz B- Paquete de Magdalena con yogur Mashed Potatoes and Corn Fresh Fruit Assortment



JOLLY GREENS

Great for the body and mind, most green fruits and veggies—including broccoli, cucumbers, granny smith apples, and green peppers—contain the antioxidants lutein and zeaxanthin, which have been shown to protect eye health and fight some cancers. Dark leafy greens also contain folate, a B-vitamin and form of folic acid that can help boost concentration, energy levels, and mood. So grab some greens, your body will thank you.

DISCOVER : KIWI

Not to be confused with the bird or New Zealanders, tangy kiwis are coming to the menu this month. In season during the winter, these juicy berries are packed with vitamin C, fiber, and antioxidants



CELERY:

Filled with vitamins, fiber, & antioxidants
Peak Season: Apr. – Dec.

SPINACH: Hearty dose of protein, calcium, & potassium
Peak Season: Mar – Jun.



AVOCADO: Packed with vitamins, phytonutrients, & minerals
Peak Season: Apr. – Mar.

CHALLENGE OF THE MONTH: SPOT THE DIFFERENCE

Circle the difference between each pair below. There are four difference for each pair. How fast can you find them?



BROCCOLI



APPLE



ACE'S RECIPE OF THE MONTH:

THAI COCONUT & BROCCOLI SOUP*

Serves 4

INGREDIENTS:

- 1/3 cup green curry paste
- 1 (13.5-ounce) can coconut milk
- 3 cups water
- Sea salt and cracked black pepper to taste
- 1 pound broccoli florets, chopped
- 2 cups baby spinach leaves, plus more to serve
- 2 cups cilantro leaves
- 2 scallions, shredded
- Crispy shallots or onions, to serve

PREPARATION:

1. Place curry paste in a medium saucepan over medium heat and cook, stirring, for one minute.
2. Add the coconut milk, water, salt, and pepper and bring to a boil.
3. Add the broccoli, cover, and cook for 10 minutes or until the broccoli is tender.
4. Remove from the heat and add the spinach leaves and half the cilantro.
5. Using an immersion blender, blender, or processor, blend the soup until smooth.
6. Divide among serving bowls and top with the extra spinach, remaining cilantro, scallions, and shallots.

***DO NOT attempt to chop ingredients or cook without adult supervision.**