LUNCH IS AVALIABLE TO ALL STUDENTS AT NO COST

Ingredients,

Additives,

eservatives

High Fructose

Corn Syrup

Mystery

4-Star School



WEDNESDAY

March 2025 Lunch Menu **Heritage & Freedom MS**

FRIDAY

THURSDAY





TUESDAY

MONDAY

MONDAT	IOLODAI	WEDNESDAT	MONODAT	IMDAI
Casmir Pulaski Day (No School)		5 Buffalo Chicken Tenders Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	6 BYO Hot Dog Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	7 Sweet and Sour Popcorn Chicken Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
10 Brunch for Lunch Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	Baked Mostaccioli w. Dinner Roll	12 BYO Burger Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	13 BYO Salad Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	14 Walking Taco Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
17 Beef Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Taco Tuesday! Sandy's Taco Bar	19 Mia Pasta Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	20 BYO Burrito Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	21 Buffalo Chicken Melt Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
24 Chicken Quesadilla Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 Spicy Chicken Strips Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	26 Baked Mostaccioli w. Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	27 BYO Sub Sandwich Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	28 Chicken Fajita Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
Spring Break				

Daily Middle School Lunch Choices:

Luigis Pizza -Cheese -Pepperoni

-Pizza of the Day

MmmBurger Grill

-Homestyle Chicken Sandwich -Spicy Chicken Sandwich -Cheeseburger

-Sun Butter and Jelly Sandwich

> -Grab & Go Salads

- Deli Subs/ Wraps

Milk Choices: 1% White Or **Fat Free** Chocolate

Menu Subject to Change

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nationalorigin, sex, age, and disability













