

By replacing just two shopping trips to the mall each year with shopping by catalogs (remember only keep getting those you use) or On-line, it is estimated that Americans could:

- **Reduce the amount we drive by 3.3 billion miles.**
- **Reduce carbon dioxide emissions by more than 3 billion pounds.**
- **Save more than \$490 million on gas costs.**

Don't take a receipt at the ATM, especially when all you are doing is getting cash. Although this is a simple one, it shows that the little things all add up. If everyone did this, we'd save a lot of paper!

Green Tip- 10-27-08

When shopping, attempt to buy green cleaning products as much as you can. Conventional cleaning products use chemicals that go into our water supply. Their fumes go into the air we breathe and they can be absorbed into our skin. I also think it sends a great message to conventional companies that they need to start producing green products when consumers stop buying their products.

Seventh Generation makes an abundance of green products and you can find them in Jewel. Actually, you can now go to a green product aisle at Jewel and find a variety of really good green products. I would assume Dominicks would have this as well. Clorox even makes a green cleaner!!

If you really want to go green when you are buying something, check out the following website: <http://www.greenzer.com/> (Thank you, Brian Wilms for letting me know about this website.)