

Consider using cold water instead of hot to wash your hands, since the cold, hard truth is that cold's usually just as effective.

### **The Benefits**

- **Saving energy.** Every 10-degree drop in H<sub>2</sub>O temperature saves you 3%-5% on water heating costs.
- **Saving water.** Most faucets spit out 2 gal per min while you're waiting for the water to warm up.
- **Clean hands.** With hand washing, the friction and the soap are what really get your hands clean. As far as water temp goes, you'd have to rinse your paws in boiling water to actually kill germs.

### **Watering the Garden and Lawn**

**Don't water more than necessary or in the heat of the day when much water evaporates. Put drip irrigation and soaker hoses on timers to water at night or in the early morning. Water lawns long and deep once a week, not lightly and frequently.**

**I have a timer in my shower and take four to five minutes showers instead of the very long ones I used to take.**